

Doc's motorMOUTH

NOVEMBER
2018

A Free Monthly Newsletter From Your Friends At Doc Motor Works



DOC MOTOR WORKS

FOOD FOR THOUGHT

BLACK FRIDAY: Only in America people trample over each other for sales exactly one day after being thankful for what they already have.

Not what we say about our blessings, but how we use them, is the TRUE measure of our Thanksgiving.

We Welcome Baby Girl

Amara Elise
7lbs. 6oz.
20 1/2 in.

Born Oct 25th, 2018

**Congratulations
Naszira Amacher!**



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*Loyal Customers Like You Are The Whole Reason
We Are In Business.
Thank You and Happy Thanksgiving.*

8 Reasons Black Friday Is Awful and Needs to Go Away

On the day after Thanksgiving, all the cooks in the family are grateful they made it through another year without a turkey fire or pumpkin pie disaster. But as their stress winds down, other Americans are in full-out hunting mode. They're alert, focused, and ready to pounce on every Black Friday deal they set their sights on (and anyone who gets in their way). For every one of these manic shoppers, though, there are dozens of people who hate the materialistic practice, especially since it takes place a day after we are supposed to take stock of our many blessings. The country would probably be a lot better off without the Black Friday tradition, for these 8 reasons and many more.

1. It's dangerous
2. Shopping rage isn't worth it
3. Retail workers lose their Thanksgiving
4. Cyber Monday's better
5. It encourages overspending
6. The best brands aren't on sale
7. Retailers have purposely low supplies
8. It's making us crazy rather than thankful



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Don't Wait Until It's Too Late!

10 Holiday Traditions with Historical Roots

For many people, the holiday season is about embracing tradition—and some traditions have been celebrated for many, many seasons. This year, towns throughout Illinois honor holidays of ages past with events rooted in history, whether it's a re-creation of a Christmas in Abraham Lincoln's time or special performances honoring Charles Dickens' classic novel *A Christmas Carol*.

1. Holidays at the Dawes House in Evanston
2. Home for the Holidays in Oak Park
3. Home for the Holidays: Christmas in the Fabulous 1950s
4. Holiday Lights at Bunker Hill Historic Area
5. Holidays at the White House: A Presidential Christmas
6. A Dickens Carol at Oak Park Festival Theatre
7. Bishop Hill Julotta, a non-denominational Christmas-morning mass, held in both Swedish and English in an 1848 church
8. Long Grove's Holiday Festivities
9. Old Capitol Holiday Walks
10. Sounds of the Season and Gilded Age Traditions at the Driehaus Museum



Thanksgiving Trivia Quick Facts

- Benjamin Franklin wanted the turkey to be the national bird, not the eagle.
- Americans eat 46 million turkeys each Thanksgiving.
- Neil Armstrong and Buzz Aldrin's first meal in space after walking on the moon was foil packets with roasted turkey.
- The heaviest turkey on record, according to the Guinness Book of Records, weighs 86 pounds.
- Californians consume the most turkey in the U.S. on Thanksgiving Day!
- Female turkeys (called hens) do not gobble. Only male turkeys gobble.
- The average turkey for Thanksgiving weighs 15 pounds.
- Campbell's soup created green bean casserole for an annual cookbook 50 years ago. It now sells \$20 million worth of cream of mushroom soup.



Creamy Corn Casserole

Servings: 12

Prep Time: 5 mins

Cook Time: 35 mins

Total Time: 40 mins

Ingredients

- 1 (15 oz) can cream style corn
- 1 (15 oz) can sweet corn drained
- 2 tablespoons granulated sugar
- 1/2 cup (1 stick) unsalted butter softened
- 1 (8 oz) container Sour cream
- 2 large eggs slightly beaten
- 1 (8.5) oz box Jiffy cornbread mix
- salt to taste

Instructions

- Preheat oven to 350 degrees F
- Mix everything from corn - eggs together.
- Add 1 box Jiffy cornbread mix and stir .
- Bake in a lightly greased 9 x 13 pan for 20-35 mins or until the mixture has set. It may still be slightly "jiggly", but that's ok!

*After a
good dinner
one can
forgive
anybody
even one's
own relatives*

*Eat-
drink-
and
be thankful*

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Pumpkin Pie vs. Sweet Potato Pie:
We Have Officially Chosen a Side



Everyone loves a good food rivalry. Coke vs. Pepsi. Tacos vs. burritos. White Castle vs. Krystal. But there is perhaps no edible enmity greater than **pumpkin pie vs. sweet potato pie**.

Every year, we fight the same fight. “Pumpkin pie is what they ate at the first Thanksgiving!” cry the Northerners. (That’s false, by the way.) “Sweet potato pie is more important than turkey!” cry the Southerners. (That’s subjective.) “They’re exactly the same!” cry people who have no palate and probably think that Jim Beam is indiscernible from E.H. Taylor. (That’s sacrilege.)

Obviously, all families have their own recipes and they vary wildly. And it’s true that you can swap the squash with the root veggie in the same recipe and ultimately it won’t make a huge difference. However, when we examine classic, iconic recipes for pumpkin and sweet potato pies, it becomes clear that they’re actually quite different: one dense and spicy, the other airy and sweet. One less caloric, but one more nutritious. One delicious, but one more so.

VERDICT: Maybe it’s our roots talking, but SWEET POTATO PIE is the clear victor here. While pumpkin pie may be preferable if you’re on a diet, we’re not on a diet... it’s Thanksgiving! And with the seasonal permeation of all things “pumpkin flavored,” we’re practically pumpkin-spiced out. Give us our moussey texture, give us our cheerful vanilla — *give us our sweet potato pie!*



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Thanksgiving Fun Facts

- **The first Thanksgiving was held in the autumn of 1621 and included 50 Pilgrims and 90 Wampanoag Indians and lasted three days.** Many historians believe that only five women were present at that first Thanksgiving, as many women settlers didn’t survive that difficult first year in the U.S.
- **Thanksgiving is the reason for TV dinners!** In 1953, Swanson had so much extra turkey (260 tons) that a salesman told them they should package it onto aluminum trays with other sides like sweet potatoes — and the first TV dinner was born!
- **Thanksgiving was almost a fast — not a feast!** The early settlers gave thanks by praying and abstaining from food, which is what they planned on doing to celebrate their first harvest, that is, until the Wampanoag Indians joined them and (lucky for us!) turned their fast into a three-day feast!
- **Wild turkeys can run 20 miles per hour when they are scared,** but domesticated turkeys that are bred are heavier and can’t run quite that fast.
- **How did the tradition of watching football on Thanksgiving start?** The NFL started the Thanksgiving Classic games in 1920 and since then the Detroit Lions and the Dallas Cowboys have hosted games on Turkey Day. In 2006, a third game was added with different teams hosting.
- **The Macy’s Thanksgiving Day Parade began in 1924 with 400 employees marching from Convent Ave to 145th street in New York City.** No large balloons were at this parade, as it featured only live animals from Central Park Zoo.

A THANKSGIVING POEM

May your stuffing be tasty,
May your turkey plump,
May your potatoes and gravy
have nary a lump.
May your yams be delicious
and your pies take the prize,
and may your
Thanksgiving dinner
stay off your thighs!



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The Origins of 8 Thanksgiving Traditions



There's a lot more to Thanksgiving than just the turkey and the Pilgrims. And though most celebrations will break out the cranberry sauce and pumpkin pie, there are a number of other customs that you might be less aware of (and some that are becoming too ubiquitous to miss).

1. THE TURKEY TROT FOOTRACE

Many towns host brisk morning runs to lessen the guilt about the impending feast (distances and times vary from race to race, but the feel-good endorphins are universal). The oldest known Turkey Trot footrace took place in Buffalo, New York, and has been happening every year since 1896. Nearly 13,000 runners participated in the 4.97 mile race last year.

2. THE GREAT GOBBLER GALLOP IN CUERO, TEXAS

During their annual TurkeyFest in November, they gather a bunch of turkeys and have the "Great Gobbler Gallop," a turkey race. It started in 1908 when a turkey dressing house opened in town. Early in November, farmers would herd their turkeys down the road toward the dressing house so the birds could be prepared for Thanksgiving. As you can imagine, this was quite a spectacle—as many as 20,000 turkeys have been part of this "march". People gathered to watch, and eventually the first official festival was formed around the event in 1912. The final event of the celebration is the Great Gobbler Gallop, a race between the Cuero turkey champ and the champ from Worthington, Minnesota (they have a TurkeyFest as well). Each town holds a heat and the best time between the towns wins. The prize is a four-foot trophy called "The Traveling Turkey Trophy of Tumultuous Triumph."

3. FOOTBALL

It's a common sight across the U.S.: parents, cousins, aunts, and uncles passed out on the couch watching football after dinner. Well, we have the first Detroit Lions owner, G.A. Richards, to thank for the tradition of Thanksgiving football. He saw it as a way to get people to his games. CBS was the first on the bandwagon when they televised their first Thanksgiving game in 1956. The first color broadcast was in 1965—the Lions vs. the Baltimore Colts. Since the 1960s, the Dallas Cowboys have joined the Lions in hosting Thanksgiving Day games, and the NFL Network now airs a third game on that night.

4. NATIONAL DOG SHOW

Of course, if football isn't your thing, there's always the National Dog Show. It's aired after the Macy's Parade on NBC every year. Good luck telling your dad

that he'll be enjoying Springer Spaniels instead of the Lions or Cowboys, though.

5. THE PRESIDENTIAL TURKEY PARDON

The story goes that since at least Harry Truman, it has been tradition for the President of the U.S. to save a couple of birds from becoming someone's feast. Records only go back to George H.W. Bush doing it, though some say the tradition goes all the way back to Abraham Lincoln pardoning his son's pet turkey. (Lincoln is also the President who originally declared that the holiday be held on the last Thursday of November.) In recent years, the public has gotten to name the turkeys in online polls; the paired turkeys (the one you see in pictures and a backup) have gotten creative names such as Stars and Stripes, Biscuit and Gravy, Marshmallow and Yam, Flyer and Fryer, Apple and Cider, and Honest and Abe last year.

6. THANKSGIVING PARADES

Everyone knows about the Macy's Parade, but for a more historically accurate parade, check out America's Hometown Thanksgiving Parade in Plymouth. The parade starts with a military flyover and continues with floats and costumed people taking the parade-goers from the 17th century to the present time. There are nationally recognized Drum and Bugle Corps, re-enactment units from every period of American history, and military marching units. And military bands play music honoring the men and women who serve in each branch: the Army, the Navy, the Marines, the Air Force, and the Coast Guard

7. BLACK FRIDAY

Black Friday, of course, is the day-after sales extravaganza that major (and minor) retailers participate in. Most people think that the term comes from the day of the year when retail stores make their profits go from red to black, but other sources have it originating from police officers in Philadelphia. They referred to the day as Black Friday because of the heavy traffic and higher propensity for accidents. Also, just because you hear that it's "the busiest shopping day of the season" on the news, don't believe it. It's one of the busiest days, but typically, it's hardly ever the busiest, though it typically ranks somewhere in the top 10. The busiest shopping day of the year is usually the Saturday before Christmas.

8. CYBER MONDAY

Black Friday is quickly being rivaled in popularity by Cyber Monday. It's a fairly recent phenomenon—it didn't even have a name until 2005. But there's truth to it—77 percent of online retailers at the time reported an increase in sales on that particular day, and as online shopping has continued to grow and become more convenient, retailers have scheduled their promotions to follow suit.

